

THE LAURA LUNCHEON MENU
THREE COURSE FIXED PRICE MENU: £20.00

STARTERS:

MRS FLYNN'S HOMEMADE TERRINE

A coarse meat based pate, served with toast and pickled pears

THE FLUSHING HORS D'OEUVRES

A cold dish of English smoked fish and shellfish

HEATHER'S HOMEMADE SOUP OF THE DAY

A PORTION OF SCOTTISH SMOKED SALMON

THE FLUSHING INN SEAFOOD COCKTAIL

MUSSELS FLUSHING STYLE

CONFIT OF DUCK, with a pear and walnut chutney

MAIN DISHES:

FLUSHING INN CRAB SALAD

With a mixed salad and new potatoes

AN AGGLOMERATION OF CRUSTACEANS AND

MOLLUSCS

LOCALLY CAUGHT RYE BAY PLAICE

Local fish a speciality

LOIN OF ENGLISH LAMB

Prepared with rosemary

ENGLISH SIRLOIN STEAK

Garnished with mushroom and tomato

'TUDOR STYLE' SIRLOIN STEAK

Prepared with tomato, mushroom, red peppers, cream and

Sherry.

THE FLUSHING INN MAIN DISH HORS D' OEUVRES

*An interesting **Cold dish** of English smoked fish and shellfish*

ALL HOT DISHES ARE SERVED WITH A
SELECTION OF VEGETABLES OR SALAD

VEGETARIAN LUNCHEON MENU
THREE COURSE FIXED PRICE MENU: £18.00

STARTERS:

MELON WITH GINGER SYRUP

MELON WITH HOMEMADE SEASONAL SORBET

HOMEMADE SOUP OF THE DAY

Prepared with a vegetable stock

FRESHLY PREPARED PEAR AND PINE NUT SALAD

MAIN DISHES:

ROAST VEGETABLE LASAGNE WITH FRESH TOMATOES,

PEPPERS

CREAMED MUSHROOM STROGANOFF

Served with basmati rice

MRS.FLYNN'S VEGETARIAN DISH OF THE DAY

ALL MAIN DISHES ARE SERVED WITH A
SELECTION OF FRESH VEGETABLES AND POTATOES

PLEASE SEE MRS. MANN'S DESSERT MENU FOR
OUR SELECTION OF DESSERTS, ENGLISH CHEESE AND
PUDDINGS

IF YOU WOULD LIKE A MENU TO TAKE AWAY
PLEASE ASK

www.theflushinginn.com Email j.e.flynn@btconnect.com

THE MANN / FLYNN FAMILY SINCE 1960